

YOUNG OSTOMATES SUPPORT & FRIENDSHIP GROUP

Online and Community Group for Young Ostomates!

Contact Veronica: jay-lynn13@hotmail.com for more info

or check out our facebook group: YOS+FG



- ▶ Bi-monthly group get together in Saskatoon
- ▶ Skype meets offered for those outside of Saskatoon
- ▶ Sponsorship for all of our activities
- ▶ 20-40 branch of the Saskatoon Ostomy Association

Come meet others living well with an ostomy in a relaxed setting! We do various activities that are typically followed by coffee.

2019 meetings:

January: Glow in the dark mini golf

March: Trivia Night

May: Family BBQ

September: Escape room

December: Laser tag & gift exchange